

ADDII IC EADTU MONTU

PLANT A TREE

April 22- Earth Day April 28- Arbor Day

Trees remove pollution from the atmosphere, improving air quality and human health.

- Office workers with a view of trees report significantly less stress and more satisfaction.
- Trees lower surface and air temperatures by providing shade. Shaded surfaces may be 20–45°F cooler than the peak temperatures of unshaded surfaces.
- Carefully positioned trees can reduce a household's energy consumption for heating and cooling by up to 25%. During one year, a mature tree will absorb more than 48 pounds of carbon dioxide from the atmosphere. For more tree facts visit www.arborday.org/trees/treefacts/