

# BLOOD DRIVE



## Sponsored By: Bergenfield Volunteer Ambulance Corps

Friday, December 13, 2019  
4:00 pm - 8:00 pm

Meeting Room  
1 Froelich Street  
Bergenfield, NJ 07621

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Appointments are preferred,  
but walk-ins are welcome.

You may make an appointment using the link below:  
[https://donor.cbsblood.org/donor/schedules/drive\\_schedule/51196](https://donor.cbsblood.org/donor/schedules/drive_schedule/51196)

For more information or to schedule a donation,  
call 201.251.3703 or visit us at [vitalant.org](http://vitalant.org)  
Find us @vitalant   

~In Memory Of Carter F. Murdock

#### Donor Guidelines:

- \* Weigh at least 110 lbs.
- \* Eat a meal before donation
- \* Bring ID
- \* Drink plenty of water before and after donation

Ann

BLOOD RECIPIENT:

"I wish I could tell my donor how grateful I am for your selfless act. You may have wondered what became of your donation well, it saved my life."

vitalant  SM